

**Avyakt BapDada's divine message after the Peace Festival  
at the Delhi Nehru Stadium - 8<sup>th</sup> December 2003 (via Dadi Gulzar)**  
**Om Shanti Retreat Centre**

Today, as soon as I reached the subtle region, what did I see? Usually Baba comes and meets me as soon as I arrive. Today, Baba had with Him a picture of us Shaktis, just as in the picture of the tree, on one side, there is Mama and the senior Dadis standing there. I saw that our Dadis and other sisters were standing there like the Shaktis in the picture. Baba was behind them. Baba spread His arms out from the back and it was as though Baba's arms came on the forehead of both Dadis, who became a garland around His neck. Both these scenes were very good. After that, Baba said: Child, look Baba is the Backbone of you children. So, as the Backbone, Baba is placing you Shaktis in front in a practical way, that you made a poster for the function with a picture of the three Dadis and put up those posters everywhere, is also a sign that the Shaktis are being revealed. Then, these Shaktis will reveal Shiva. You had the function just now and news of this was printed in the papers. These three Dadis are in the hearts of the whole Brahmin family. Similarly, Baba said: At present, Dadis have been revealed as the Shaktis, but as you progress further, all the Shaktis are going to be revealed very soon. The first curtain has opened now. The last curtain is of the revelation of the Father. Then, everyone will say: Oho Prabhu! So, the revelation of Shiva will only take place after the revelation of the Shaktis. It is these Shaktis who will reveal Shiv Baba. Son shows Father. First, the Father glorified the name of the Shaktis, and now the Shaktis will glorify Shiv Baba's name, they will reveal Him. So, Baba told us the secret of this picture and said: Now, you Shaktis should create a very powerful thought to give subtle sakaash and power. And the Shaktis should use their powers, and not keep them incognito. All of you Shaktis should spread that atmosphere through your own powers. Just as in the beginning, people used to have visions of Brahma Baba whilst sitting at home, in the same way, as the time is close, you Shaktis should also have such power that visions of the Shaktis begin. Only then will Shiv Baba be revealed through you Shaktis.

After that, Baba asked news about Delhi and I said to Baba: From everyone's lips, the only sound emerging is: Very good! Very good! Baba said: First of all I am congratulating all the students of Delhi who were co-operative in doing every type of service, including distributing leaflets. I am welcoming them. Together with that, Baba also gave love and remembrance to all the servers that have come and also welcomed them and said: Give all the children who have come, love and remembrance for coming to their own kingdom. Receiving such love and remembrance, I came back to the corporeal world.

\* \* \* O M S H A N T I \* \* \*

**PROGRAMME FOR AUSTRALIAN RETREAT CENTRES**  
**JANUARY TO MARCH 2004**

This list is a summary of the retreats running during January, February and March.

For more information please email the retreat centres directly or visit our website [www.brahmakumaris.com.au](http://www.brahmakumaris.com.au)

*Brahma Kumaris Centre for Spiritual Learning, Baxter, Melbourne*

Email: [baxter@brahmakumaris.com.au](mailto:baxter@brahmakumaris.com.au)

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**4 January**

**INNER PEACE INNER POWER PART 1**

An introduction to Raja Yoga meditation

**9-11 January**

A weekend training for BKs on giving the Course

**11 January**

**INNER PEACE INNER POWER PART 2**

**16-18 January**

**BRAHMA BABA'S DAY – for BKs**

**23-25 January**

**BKs FAMILY RETREAT**

**30 January-1 February**

**SILENCE RETREAT – for general participation**

**6-8 February**

**PACE DELLO SPIRITO**

A Retreat for those whose first language is Italian. Introduction to BKs, spirituality and Raja Yoga Meditation.

**8 February**

**INNER PEACE INNER POWER PART 1**

**13-15 February**

A Retreat for those whose first language is Spanish

**15 February**

**INNER PEACE INNERPOWER PART 2**

**20-22 February**

**DEEPENING EXPERIENCE**

A weekend retreat for evening class students

**20-22 February**

A Retreat for those whose first language is Russian

**22 February**

**INNER PEACE INNER POWER PART 3**

**27-29 February**

**STEP BY STEP - Learning to Meditate**

**5-8 March**

**SILENCE RETREAT**

Advanced retreat for BKs and those who have been to Silence Retreats before.

**12-14 March**

**FOUR FACES OF WOMAN**

**19-21 March**

**ADVANCED COURSE IN RAJA YOGA MEDITATION**

For those who have completed the introduction course to stage III. Includes Baba on Line.

**26-28 March**

**SELF ESTEEM**

How to enhance the best of oneself through the creative art of meditation and spirituality.

**28 March**

**INNER PEACE INNER POWER PART 1**

**2-4 January**

**POSITIVE THINKING & MEDITATION**

We are what we think! A weekend to reassess the quality of your life. Topics covered will be: the quality of thoughts, how thoughts are created, different types of thoughts, thought patters and habits. The aim of this weekend is to provide a simple introduction to the workings of the mind and an introduction to Raja Yoga meditation.

**9-11 January**

**RAJA YOGA MEDITATION & PHILOSOPHY PART 1**

An introduction to the philosophy of Brahma Kumaris Raja Yoga. Topics covered over the weekend are understanding myself, understanding God and the law of karma.

**9-11 January**

**RAJA YOGA MEDITATION & PHILOSOPHY PART 2**

This weekend will take participants deeper into the practice and philosophy of Brahma Kumaris Raja Yoga.

This retreat will cover the spiritual journey of humankind through the cycle of time, the tree of life and principles for a meditative lifestyle.

**16-18 January**

**BK WEEKEND**

18<sup>th</sup> January - Day of remembrance. A time for BKs to come and enjoy solitude and reflect on their spiritual life.

**23-25 January**

**THE SOUL CONNECTION**

Take time out to strengthen the soul through an understanding of the connection with your own true identity and your link with the Supreme. A weekend based on the practice of Raja Yoga meditation which will look at topics such as positive thinking and it's effects on the mind, understanding myself, the Supreme and empowering myself through understanding the effect of my actions.

**30 January-1 February**

**ITALIAN SPEAKERS' RETREAT - An introductory retreat to Raja Yoga meditation for people whose first language is Italian.**

Nella sua essenza pratica, Raja Yoga è un metodo che conduce a riconoscere che la pace 'è' la nostra più profonda natura, ma che ciò viene spesso dimenticato, ed occorre riscoprirla. Un profondo anelito verso la pace individuale, in uno spazio universale di pace, è alla base del Raja Yoga. Questo processo è definito come 'spiritualità'.

**6-8 February**

**FROM FEAR TO LOVE**

This retreat will explore the various types of fear, the behaviour manifest due to fear and the meaning and state of love.

**13-15 February**

**RAJA YOGA MEDITATION & PHILOSOPHY PART 1**

See 9-11 January

**13-15 February**

**RAJA YOGA MEDITATION & PHILOSOPHY PART 2**

See 9-11 January

**20-22 February**

**EIGHT SPIRITUAL POWERS OF RAJA YOGA**

The powers gained through Raja Yoga are silent and subtle. These 8 powers enable one to deal effectively with the demands and challenges of daily life. Using these powers at the right time you are released from past patterns.

**19-21 March**

**RAJA YOGA MEDITATION & PHILOSOPHY PART 1**

See 9-11 January

**19-21 March**

**RAJA YOGA MEDITATION & PHILOSOPHY PART 2**

See 9-11 January

**26-28 March**

**PEACE RETREAT**

This program is designed for airline cabin crew to experience peace of mind. Take time out for yourself and to discover how to create a new outlook on life.

## *Inner Space, Wilton, Sydney*

Email: bookings@bks.com.au

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### **2-4 January**

#### **NEW YEAR, NEW BEGINNINGS**

Celebrate the new year with a new beginning. Explore creative ways to help you make your purest desire a reality.

### **9-11 January**

#### **LIVING VALUES EDUCATION FOR PARENTS**

A retreat for parents and children offering experiential values activities and practical methodologies.

### **23 January, Friday 7.30pm**

#### **SEFARAD (CONCERT)**

A spellbinding journey that is old and new, with music ranging from Arabic to Hebrew, Latin and Gaelic. We will hear music of the Golden Age in Spain, when Jews, Christians and Moslems co-existed before 1492.

### **Sat 24 – Wed 28 January**

#### **DISCOVER THE SPIRIT WITHIN**

A journey that will take you deep within yourself to experience your own true nature - this retreat we will cover the Raja Yoga course.

### **30 January-1 February**

#### **SIXTEEN CELESTIAL ARTS**

Have you ever felt you were thrust into this thing called "Life" without your permission and with no preparation? New options for clarity and understanding, together with practical skills to become qualified as the master of your life.

### **Sat 31 January, 2 - 5pm**

#### **BACK FROM THE EDGE - finding theatre's soul (Spiritual Theatre Performance)**

In ancient Greece, actors were revered and respected as having magical powers to transform themselves and through this, inspire the people toward their highest 'god-like' selves. Japanese and Australian actors will have spent a week researching this original vision of artistic honour and this afternoon event will give a focus for them to share their realisations.

### **6-8 February**

#### **MAINTAINING HIGHER CONSCIOUSNESS IN REAL LIFE**

Call it the real or unreal world, we all have the challenge of sustaining our spiritual balance within it. Investigate the challenges and experiment with solutions. For people who have completed the Raja Yoga course.

### **13-15 February**

#### **RAJA YOGA MEDITATION COURSE (PARTS 1 & 2)**

Learn a simple and practical method of open-eyed meditation; develop new habits of thinking positively and constructively; understand the natural laws governing the relationship between the soul, Supreme Soul and the physical world.

### **14 February, 9.30am - 4pm**

#### **POSITIVE THINKING**

You are what you think! The aim of this one-day workshop is to provide a simple introduction to the workings of the mind and learn to turn negative thoughts into constructive ones. Includes meditation.

### **20-22 February**

#### **HEALING POWER OF LOVE**

A spiritual path is a journey of true love, which brings inner happiness and peace of mind. Experience the healing power of love and discover freedom and truth.

### **27-29 February**

#### **SAMAEY KI PUKAR (Call of Time) Language: Hindi**

If time teaches you then time is your master, but if you transform before time then you are the master of time. This retreat will explore becoming the master of time.

### **6 March, 9.30am - 4pm**

#### **MEDITATION MADE EASY**

A one-day retreat to experiment and to experience the practical and simple techniques of Raja Yoga meditation.

### **13 March, 3 - 6pm**

#### **EXPLORING UNIVERSAL SPIRITUAL LAWS**

Explore the journey of the soul and how our 'past story' overlays and influences our present. We will look at the universal spiritual laws that govern us and how to use this understanding to deal with the past and create a positive future.

### **20 March, 9.30am – 4pm**

#### **COMPLETING THE SELF (for BKs)**

A one day retreat for bks to review previous murlis in preparation for the final murli of the season.

### **26-28 March**

#### **TRANSITIONS**

Finding the self in the uncertainty of life's changes. An experiential and interactive weekend focussed on developing awareness, creative response and spirituality as resources for dealing with the challenge of life transition.

**Essence:** Sweet children, the birth of you Brahmins is even more elevated and beneficial than that of the deities because only you Brahmins become the Father's helpers.

**Question:** How do you children help the Father at this time? What *prize* does the Father give to His helper children?

**Answer:** Baba is establishing the kingdom of *purity* and *peace*, and we are helping Him with *purity*. We are looking after the sacrificial fire that the Father has created, and so Baba would definitely give us a *prize*. It is only at the confluence age that we receive a very big *prize*. We now become trikaldarshi, those who know the beginning, middle and end of the world, and, in the future, we become seated on a throne. This is the *prize*.

**Song:** As the Father, Mother, Support, Lord and Friend, You are the Protector for everyone....

Om shanti. Whose praise is this? This is the praise of the supremely beloved, Supreme Father, the Supreme Soul whose name is Shiva. His name is the highest of all and His place of residence is also the highest of all. The meaning of the Supreme Father, the Supreme Soul, is that He is the highest soul of all. No one else can be called the Supreme Father, the Supreme Soul. His praise is limitless. It is said that there is so much praise of Him that you cannot reach His end. Even the rishis and munis used to say that you cannot reach His end. They have been saying: We do not know, we do not know. Now Baba Himself has come and gives His own introduction. Why? There should be Baba's introduction, should there not? So, how can children receive His introduction? Not until He comes onto this earth can anyone give His introduction. When *Father shows son, son shows Father*. The Father explains: My *part* is fixed too. I alone have to come and make the impure ones pure. Sages and holy men continue to sing: The Purifier is Rama who belongs to Sita. Come! Because this is the kingdom of Ravan. Ravan is no less. Who made the whole world tamopradhan and impure? Ravan. Then, powerful Rama comes to make it pure. For half the cycle there is the kingdom of Rama and for half the cycle the kingdom of Ravan continues. No one knows what Ravan is. They continue to burn his effigy every year. In spite of that, the kingdom of Ravan still continues. It doesn't get burnt. People ask that if God is all-powerful, why does He allow Ravan to rule? The Father explains: This is a play of victory and defeat, of *hell* and *heaven*. The whole play is based on Bharat. This drama is predestined. It isn't that because the Supreme Father is the Almighty Authority He would come before the end of the play, or that He could stop the play half-way through. The Father says: I come when the whole world becomes impure, for this is why people celebrate Shiv Ratri. They also say: Salutations to Shiva. They say: Salutations to the deities Brahma, Vishnu and Shankar. However, they would say to Shiva: Salutations to the Supreme Soul. Is Shiva like they have shown in the temple of Babulnath or Somnath? Does the Supreme Father, the Supreme Soul, have such a large form? Or is it that souls have a tiny form and the Father has a large form? There would be this *question*, would there not? Just as, here, a small one is called a child and a senior is called a father, is it that, in the same way, the Supreme Father, the Supreme Soul, is bigger and we souls are smaller? No. The Father explains: Children, you sing My praise. You say that the praise of the Supreme Soul is limitless. He is the Seed of the human world tree. Therefore, the Father would be called the Seed, would He not? He is the *Creator*. All the rest – the Vedas, Upanishads, Gita, sacrificial fires, tapasya, donations and charity etc. – are all the paraphernalia of devotion. They have their own time. There is half the cycle for devotion and half the cycle for knowledge. Devotion is the night of Brahma and knowledge is the day of Brahma. Shiv Baba explains to you. He doesn't have a body of His own. He says: I once again teach you Raja Yoga in order to give you your fortune of the kingdom. The night of Brahma is coming to an end. That same time of defamation of religion has now come. Whom do they defame the most? The Supreme Father, the Supreme Soul, Shiva. It is written: Whenever there is extreme irreligiousness, I come. It isn't that I gave knowledge in Sanskrit in the previous cycle. It is the same language. When there is defamation in Bharat of the One who establishes the deity religion, when they put Me into pebbles and stones, I come. They have defamed so much the One who makes Bharat into heaven and impure ones pure. You children know that Bharat is the oldest land of all and that it is never destroyed. The kingdom of Lakshmi and Narayan also exists here in the golden age. It was the Creator of heaven who gave them this kingdom. Now that same Bharat is impure and this is why

I have come once again. This is why they sing His praise: Salutations to Shiva. In this unlimited drama, the *part* of every soul is fixed and it continues to *repeat*. Some take a small part from it and make a limited drama. We are now Brahmins and will then become deities. This is God's clan. This is the end of your 84<sup>th</sup> birth. At this time, you have knowledge of all four clans. This is why the Brahmin clan is the highest of all. However, it is the deities who are praised and worshipped. There is also the Brahma Temple, but no one knows that God comes in this one and makes Bharat into heaven. Since establishment is taking place, destruction must also take place and this is why it is said: The flames of destruction emerged from the sacrificial fire of the knowledge of Rudra. That same Father now explains to you children: Sweet children, this is now your final birth. I have come once again to give you your inheritance of heaven. It is your right, but I will give the prize of heaven to those who follow My shrimat. Others too receive a *peace prize* etc, but, the Father gives all of you the *prize* of heaven. He says: I do not take it. I inspire establishment to take place through you, and so I would give it to you. You are the grandchildren of Shiv Baba, the children of Brahma. Only Prajapita Brahma would *adopt* so many children. This Brahmin birth is your highest birth. This is the benevolent birth. The births of deities and shudras are not benevolent. This is your most benevolent birth because you become the Father's helpers and establish *peace* and *purity* in the world. Those people who give prizes do not know this. They give them to an American etc. The Father says: I give a *prize* to those who become My helpers. When there is *purity* in the world, there is also *peace* and *prosperity*. This is the brothel. The golden age is Shivalaya, the temple. Shiv Baba established it. Sages and sannyasis are hatha yogis. They cannot teach easy Raja Yoga to those who follow the household religion, even if they were to read the Gita and Mahabharat a thousand times. This One is everyone's Baba. He says to those of all religions: Connect your intellect's yoga to Me alone. I too am a tiny point. I am not that big. As is the soul, so is the Supreme Soul. The soul resides here in the centre of the forehead. If it were so big, how could it reside in the centre of the forehead? I am also like a soul. It is just that I am also beyond birth and death, I am ever-pure whereas all the rest of the souls come into birth and death. They become impure from pure and pure from impure. The Father has once again created this sacrificial fire of Rudra to make impure ones pure. After this, there won't be any sacrificial fires in the golden age. Then, from the copper age they will continue to create many types of sacrificial fire. This sacrificial fire of Rudra is only created once in the whole cycle. The offering of everyone is put into it. Then, no other sacrificial fires will be created. Sacrificial fires are created when there are calamities. When there is no rain or there is any other calamity, they create a sacrificial fire. There are no calamities in the golden and silver ages. At this time, there are many types of calamity. This is why the greatest Merchant, Shiv Baba, has had this sacrificial fire created, and so He grants you a vision in advance of how all the offerings will be put into the fire, how destruction is to take place and how the old world is to become a graveyard. So, then why should you attach your heart to this old world? This is why you children have unlimited renunciation of the old world. Those sannyasis simply renounce their home and family. You mustn't renounce your home and family. Whilst looking after your home and family, you have to break your attachment to them. All of them are already dead. Why should you attach your heart to them? This is the world of corpses. This is why it is said: Remember the land of angels. Why are you remembering the graveyard? Baba has become the Agent and connects your intellect's yoga to Him. They say: Souls and the Supreme Soul remained separated for a long time. This praise also belongs to Him. Iron-aged gurus cannot be called the Purifier. They cannot grant salvation. Yes, they can relate scriptures and perform rituals. Shiv Baba doesn't have a teacher or guru. Baba says: I have come to give you your inheritance of heaven. Then, you become part of the sun dynasty or the moon dynasty. How do you become that? Is it through war? No. Neither Lakshmi and Narayan nor Rama and Sita claimed the kingdom through war. They battled with Maya at this time. You are *incognito warriors*. This is why no one knows you the Shakti Army. You become the masters of the whole world with the power of yoga. You lost the kingdom of the world and you are now claiming it back once again. It is the Father who gives you that *prize*. Those who now become the Father's helpers are the ones who will receive the *prize of peace and prosperity* for half the cycle. Baba calls helpers those who remain bodiless and remember the Father, who spin the discus of self-realisation, who remember the land of

peace, their *sweet home* and their *sweet kingdom* and become pure. It is so easy. I, the soul, am a *star*. My Father, the Supreme Soul, is also the *Star*. He is not as big as that but how can the *Star* be worshipped? Therefore, so that they can worship Him they have made Him large. It is the Father who is worshipped first and then later others are worshipped. Lakshmi and Narayan are worshipped so much. However, who was it who made them like that? The Bestower of Salvation for All is the one Father. The greatness is of that One. His birthday is worth *diamonds*, and the *birthdays* of the rest are worth shells. Salutations to Shiva. This is His sacrificial fire. It has been created through you Brahmins. He says: I will give this much fruit to those who help Me to establish *purity* and *peace*. He has had this sacrificial fire created through you Brahmins and so He would definitely give you alms. He has created such a big sacrificial fire. No other sacrificial fire continues for this long. He says: For however long someone helps Me, I will give them a *prize* accordingly. I am the One who gives everyone a *prize*. I do not take anything, I give you everything. Those who do something will receive the return of it. If you do a little, you will end up amongst the subjects. Those who helped Gandhiji then became the *President* or a *Minister* etc. That is happiness for a temporary period. The Father gives you all the knowledge of the beginning, the middle and the end and makes you trikaldarshi, the same as He is. He says: By knowing My *biography*, you will come to know everything. Sannyasis cannot give this knowledge. What inheritance would you receive from them? They would give a throne to only one, so what would the rest of them receive? Baba gives all of you a throne. He does such altruistic service, and yet you have put Me into pebbles and stones and defamed Me so much! This drama is predestined. When you have become like shells, then I make you like diamonds. I have made Bharat into heaven countless times, and then Maya turned it into hell. If you now want attainment, then become the Father's true helpers and claim the real *prize*. It is *purity first* in this. Baba also praises sannyasis. They too are good because they remain pure. They support Bharat and prevent it from becoming degraded. There is no telling what would have become of it otherwise. However, Bharat has now to be made into heaven, and so you definitely have to live at home with your family and remain pure. Both Bap and Dada explain to you children. Shiv Baba also gives you children advice through this old shoe. He cannot take a new one. He doesn't enter a mother's womb. He enters the impure world in an impure body. There is extreme darkness in this iron age. He has to make extreme darkness into total light. Achcha.

To the sweetest beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

**Essence for dharna:**

1. Remove this unlimited world from your heart and break your attachments. Don't attach your heart to it.
2. Become the Father's helper and claim a *prize*. 1. Remain bodiless. 2. Become pure. 3. Spin the discus of self-realisation. 4. Remember your *sweet home* and your *sweet kingdom*.

**Blessing:** May you become a *master* almighty authority and stabilize your intellect in an elevated stage according to the *directions* you receive.

When some children sit in yoga, they remember service instead of being soul conscious. However, it should not be like that because if in the *last* moments, instead of becoming bodiless you have thoughts of service, you will *fail* in the *paper* of a *second*. At that time, you must only remember the Father, the Incorporeal, Viceless and Egoless One; you mustn't remember anything else. In service, you would still be in the corporeal. Therefore, practise becoming stable in whatever stage you want to stabilize yourself in. Only then would you be called a *master* almighty authority who has *controlling* and *ruling powers*.

**Slogan:** The easy way to overcome any adverse situation is one Strength and one Support.

\* \* \* OM SHANTI \* \* \*

**Essence:** Sweet children, this is the predestined eternal drama. The *act* of each *actor* is *fixed* in this drama. No one can receive eternal liberation (moksha).

**Question:** Shiv Baba is bodiless, so why does He enter a body? Which work does He do and which work does He not do?

**Answer:** Baba says: Children, I enter this body just to speak the murli to you. I only do the work of speaking the murli. I do not come here to eat and drink. I have come here to give you the new kingdom, but it is this one's soul who tastes everything.

**Song:** Leave Your throne of the sky and come down to earth...

Om shanti. Only the songs with which we are concerned are played. There is no throne in the sky. Space is called the sky. However, there isn't a throne in the sky and the Supreme Father, the Supreme Soul, doesn't reside on a throne in the sky. The Father explains to you children: Both I, the Supreme Father, the Supreme Soul, and you children, you souls, reside beyond the sun, moon and stars and that place is called the incorporeal world. Just as there are the sun, moon and stars in the sky, in the same way, souls reside in the great element in the shape of a tree. Just as stars hanging in the sky are not supported by anything, similarly, we souls and the Father, the Supreme Soul, are residents of the great element. We too are like *stars*. The Sun of Knowledge, the moon of knowledge and the stars of knowledge. It has been explained that it is when there is a lot of sorrow, I then come. The old definitely has to be made new. Only in the old world is there sorrow. In the iron age, there is a lot of sorrow. In heaven, there is nothing but happiness. I have to come and teach you easy Raja Yoga once again. Everyone calls out to Me: Come! They don't say to Krishna: Leave your throne and come down here! The word "throne" doesn't suit Krishna. He was a *prince*. You can speak of a throne when a throne is received. Yes, the father can seat his small child next to him. The Father explains: Souls are in the incorporeal world just like stars. They then come down from there numberwise. They show how the *stars* fall. Souls come from there too and directly enter the womb. Note this down very well: Every soul has to go through the stages of sato, rajo and tamo. It is just the same for Lakshmi and Narayan who come first. They too have to *pass* through the stages of sato and rajo and reach their tamopradhan stage by taking rebirth. It is the same for everyone. No one can return home. When Abraham and Buddha come, they too have to *pass* through the sato, rajo and tamo stages. They have to take rebirth. The religious founders come in the copper age. They begin their rebirth there and then have to become tamopradhan. Now, who can grant them salvation? Only the one Shiva is the Bestower of Salvation. He says: I have to come to grant salvation to everyone. No one else can do the work that I do. I establish the deity religion. I am teaching you Raja Yoga. I am the Bestower of Liberation and Salvation. I take you back when you have become pure. I also grant you salvation. Together with you, I also uplift all the religious founders of the other religions who are with you. I decorate you with knowledge and make you worthy to marry the masters of heaven, Lakshmi or Narayan. I then take you back home. First of all, I take everyone to the land of liberation. I am also the Bestower of Salvation for all. The other religious founders who come don't grant salvation to anyone. They simply establish their own religion and then begin to make it grow. They take rebirth in their own religion and *pass* through the stages of sato, rajo and tamo. Now all are tamopradhan. Now, who would make them pure and satopradhan? The Father Himself sits here and explains to you children. God comes and grants salvation to everyone and also makes Bharat into heaven. He teaches you Raja Yoga for you to attain liberation-in-life and this is why the Father is praised so much. The Gita is the jewel of all the scriptures. However, by writing Krishna's name they have forgotten God. God is the Bestower of Salvation for all, and this is why the Gita is the religious scripture for all religions. Everyone has to accept it. There is no other scripture for salvation. It is only the One who grants salvation. The Gita is spoken by Him. He is giving you children knowledge for salvation. If there were the name of Shiva in the Gita, it would be the scripture for those of all religions. The Father says to everyone: Consider yourself to be a soul and have yoga with Me and your sins will be absolved and you will come to My land. I am the One who grants salvation to those of all religions. All others come to establish their own religion. People ask: Will we not receive eternal liberation? The Father says: No. The part of all souls is *fixed* in the drama. No one's *act* can change. The eternal drama of each one's full *act* is

predestined. The drama is eternal; it has no beginning, middle or end. The beginning of the world is the golden age and the iron age is said to be the end. However, there is no beginning or end of the drama. You cannot ask when the drama was created. This question cannot arise. Baba has explained: Each one came and established his own religion. They haven't granted salvation. They came and established their religion and this continued to grow after them. These are such deep *points*. It is worth writing an *essay* on these. Here, there are no lies. This is the drama of victory and defeat. In the golden age, there is no need to remember God. If you were to remember God there you would also understand that He had created you Brahmins. He tells you personally that He is the Creator. This confluence age is the new world of Brahmins. No one knows the top-knot. They have created the variety-form image. In that, they show the deities, warriors, merchants and shudras. They have forgotten the Brahmins. In the golden age there are the deities and in the iron age, there are the shudras. They don't know the Brahmins of the confluence age. The Father comes and explains this secret. Baba says: Without purity there can never be dharna. Baba explains that there are so many Vedas and scriptures. They go around with them. They remove the images from a temple, take them on a tour and then bring them back to the temple. Baba is experienced in all of those things. They fill a truck with the scriptures and go on tour with them. In the same way, they put the images of the deities in a car and go around with those. All of that is the path of devotion. You are Shiv Shaktis. You grant salvation to the whole world. However, no one knows that the Dilwala Temple is your accurate memorial. There isn't a temple like that anywhere else. There is Jagadamba and also Shiv Baba. They have also created a platform for the Shaktis. Such temples will be built again on the path of devotion. Then destruction will take place. So all of them will be destroyed. There are no temples in the golden age. All of that is the expansion of the path of devotion. In knowledge, you have to remain in silence. Simply remember the one Shiv Baba. If you forget Shiv Baba and remember others, you will *fail* in the final moments. You mustn't *fail*. When a person is about to die, others tell him to chant the name of Rama, but he is unable to remember Him at that time. Nevertheless, it is remembered: Those who chant the name of Narayan in their final moments..... That refers to this time. The haystack now has to be set on fire. Those who remember Narayan in their final moments.... You now truly understand that you will marry Lakshmi or Narayan. You are getting ready for heaven. No one, apart from Baba, can give you this knowledge. This Baba also says: Shiv Baba has now told me. This is called the Shakti Army and the Pandava Army. The name Pandavas refers to the maharathis. They have then shown Shaktis riding lions. The Father says: Just as I taught you easy Raja Yoga in the previous cycle, so I am teaching it to you in the same way once again. Whatever *act* continues, the same *act* will be played every cycle. There cannot be any difference in that. Then this same *part* will continue every cycle. Baba says: I tell you deep things. I will tell you later what will happen at the end. If I were to tell you everything now, then could I just go back? He will continue to tell you new *points* till the end. We praise the Gita a lot. However, they have shown violent battles in that Gita and the Mahabharat. There is no battle. Yours is a question of the power of yoga. No one understands the meaning of non-violence. They have simply said that a woman is the doorway to hell. In fact, both (man and woman) are the doorway to hell. Who would make them into the doorway to heaven? Only God has the power to do that. Baba has had these songs composed, but then out of those who made it, some made it accurately and some made it *wrongly*. They have confused everything. O traveller of the night, do not become weary... I had such songs composed. So the things here are completely different. There is the Gaushala (cowshed) and there is also exile, but they don't understand the meaning of it. Did I abduct anyone? Did I tell anyone: Come to Karachi? Ask these Shaktis. This was the part in the drama. Those who were assaulted came here. So the Father sits here and tells you what is *right*. Whatever is written in the scriptures is about the path of devotion. No one can meet Me through that; they cannot come to Me through that. I have to become the *Guide* and come here. They ask: Why did He not take the body of someone who was not a householder? Ah, I had to enter the body of a householder and give him knowledge. I tell him about his 84 births. So, these are such deep matters. These are new things for the new religion. Even this knowledge is new. The Father says: I give you this knowledge every cycle. No one else would ever say: I come to establish a religion every cycle. Neither Lakshmi nor Narayan would say

that they have come to rule the kingdom once again. The knowledge would have disappeared before them. Innumerable scriptures were written later. For us Brahmins, there is just the one Gita. I establish a religion and also grant salvation to everyone. Therefore, this is *double* work. So, is what I tell you *right*, or is what they say *right*? You know this. Who am I? I am the *Truth*. I do not relate the Vedas or scriptures. Although this one has studied a lot, he doesn't relate that. It is Shiv Baba who tells you new things. However, He is bodiless. He comes here just to do the work of speaking the murli, not to eat and drink. I have come here to give you children the kingdom once again. It is this one's soul who tastes everything. Each one's religion is different, and each one has to study his own religious scripture. Here, they continue to study many scriptures, but there is no essence in them. To the extent that they continue to study, accordingly the world continues to become tasteless. Everyone has to become tamopradhan. You are the ones who came into the world first. You Brahmins have taken birth to the Mother and Father. On that side is the devilish family, and on this side is the Godly family, and then you will go into the lap of the deities. You will become the masters of heaven. If you follow the directions of the Mother and Father you will receive plenty of happiness in heaven. However, there will definitely be obstacles to the sacrificial fire of the knowledge of Rudra. The Father says: Children, only by conquering the vices can you become the conquerors of the world. It isn't that if you don't get married, you will remain weak. Sannyasis become pure, and yet they then become so healthy. Here, you have to do everything with the *brain*, and that requires effort. There is the example of Dadichi Rishi. Sannyasis receive lots of nourishing food. Baba himself used to feed you with such nourishing food. Here, you have to observe many precautions. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. In order to imbibe knowledge well, take the vow of purity. These are the final moments. Therefore, practise remembrance in such a way that at the end you don't remember anyone except the Father.
2. Whilst doing service like Dadichi Rishi, attain victory over the vices and become a conqueror of the world.

**Blessing:** May you be fortunate and remain in the state of happiness by constantly eating and feeding others the nourishment of happiness.

You children have real imperishable wealth and you are therefore the wealthiest of all. Even if you eat dry chappatis, the nourishment of happiness is filled in those dry chappatis. There is no other nourishment like this. You are the ones who have the best nourishment and the ones who eat chappatis of happiness. This is why you are always in a state of happiness. Therefore, remain in such a state of happiness that others who see you also become happy. Only then would you be called souls who are fortunate.

**Slogan:** A knowledge-full soul is one who doesn't waste a single thought or word.

\* \* \* O M S H A N T I \* \* \*

**Essence:** Sweet children, consider yourself to be a soul and speak to your brother souls. Make your vision so firm and no evil spirits will enter you. When you see an evil spirit in anyone, step away from that person.

**Question:** How do children become atheists and theists even after belonging to the Father?

**Answer:** Theists are those who follow the Godly disciplines and who make effort to remain soul conscious. Atheists are those who are influenced by the evil spirits against the Godly disciplines and fight and quarrel amongst themselves. 2. Theist children break their intellect's yoga away from their body and bodily relations, including friends and relatives, and consider themselves to be brothers. Atheist children remain body conscious.

Om shanti. First of all the Father explains to you children: O children, always let your intellect remember that Shiv Baba is your *Supreme Father*, *Supreme Teacher* and *Supreme Satguru*. This should definitely enter your intellect first. Each of you can know whether this has entered your intellect or not. If there is remembrance in your intellect, you are a theist and if it doesn't enter your intellect, you are an atheist. It would instantly enter the intellect of *students* that their *teacher* has come. When you are living at home, you forget this. Hardly anyone understands with that spiritual intoxication that their *Supreme Baba* has come. He is the *Teacher* and also the *Satguru* who takes you back home. When you remember this, the mercury of your happiness rises. Otherwise, you remain sitting in the various thoughts of the dirty world of pain and sorrow. Secondly, people ask you how long it is before destruction is to take place. Tell them: This is not a question to ask. First of all, know the One who is explaining this to us. First of all give them the Father's introduction. If you have this habit instilled in you, you will explain to them, otherwise you forget. Baba tells you so much to consider yourself to be a soul. Look at others with soul-conscious vision. However, you are unable to maintain that vision. This hardly sits in your intellect, not even a pennyworth out of a pound. It is as though it just doesn't sit in your intellect. It is not that the Father is cursing you. The Father is explaining to you that knowledge is very elevated. A kingdom is being established. You are becoming wealthy from poor. Only a few become wealthy, and the poor ones are numberwise. Nothing would ever sit in the intellect of those who are the *last number*. So first of all, when you first explain to anyone, explain to them using the picture that shows the 32 virtues of Shiv Baba. It is also written on that, that the *Supreme Father* is also the *Supreme Teacher* and the *Satguru*. When you first have the faith that the One who is explaining to you is the *Supreme Father*, you won't have any doubts. No one except the Father can carry out this establishment. When you explain that establishment is taking place, it should definitely enter their intellect that there is someone who is explaining all of this to you. No human being can say that a kingdom is being established. So first of all make them have firm faith in the Father. God, the Father, is teaching us. These are not human dictates, these are God's directions. The new world would definitely be established by the Father. To bring about destruction of the old world is also the Father's task. Until they have this faith, they will continue to ask: How does this take place? This is why you must first make the aspect of shrimat sit in their intellect for only then can they understand anything further. Otherwise, they consider these to be the dictates of human beings. The dictate of every human being is different. There cannot be only one direction from human beings. At this time, it is only the One who gives you directions. It is very difficult to follow His shrimat accurately. The Father says: Become soul conscious. Consider yourself to be speaking to your brothers, and then there won't be any fighting or quarrelling. When someone becomes body conscious, consider that one to be an atheist. If someone isn't soul conscious, he is an atheist. If someone becomes soul conscious, consider that one to be a theist. Body consciousness is very damaging. If there is the slightest fighting or quarrelling, consider that one to be an atheist. They don't know the Father at all. If there is the evil spirit of anger, that one is an atheist. How could the children of the Father have evil spirits in them? They are not theists. No matter how much they say that they love the Father, if they speak against Godly disciplines, they should be considered to belong to the community of Ravan. They are body conscious. If you see an evil spirit in anyone, or if someone's vision is bad, you should move away from them. By standing in front of an evil spirit, that evil spirit will enter you. Evil spirits fight amongst themselves. If an evil spirit enters someone, that one becomes a total atheist. Deities are full of all virtues,

whereas those who don't have those virtues are atheists. Atheists will not claim an inheritance. There should not be the slightest defect, otherwise a lot of punishment will have to be experienced and you will have to become part of the subjects. You should remain distant from evil spirits. If you stand there facing the evil spirits, the evil spirits will come. You should never oppose an evil spirit. You mustn't talk to them too much either. The Father says: This is the world of evil spirits. If the evil spirits haven't left you, punishment will have to be experienced and you won't be able to claim a status. There is just the one war. Some become wealthy and others become poor. There was the world of wealthy ones and it is now the world of poor ones. There is an evil spirit in everyone. You should make full effort to remove the evil spirits. Baba explains to you a great deal in the murli. There are all types of nature, don't even ask! So, in the exhibition, you first of all have to give the Father's introduction. The Father is so *lovely*. He is making us into such deities. It is sung: It didn't take God long to change humans into deities. The deities existed in the golden age and so, surely, before that there was the iron age. You children now have the knowledge of the world cycle in your intellect. There, the deities won't have this knowledge. You are now becoming *knowledge-full* and then, when you have received a status, there will be no need for this *knowledge*. This is the unlimited Father from whom you receive the inheritance of heaven for 21 generations. So, you should remember such a Father so much. Baba always explains: Always think that it is Shiv Baba who is explaining to you. Shiv Baba is teaching us through this chariot. He is our Father, *Teacher* and Guru. This is an unlimited study. You understand that previously you had a degraded intellect. No one knows about this *college* at all. This is why when you explain to others, explain it very clearly by grinding it into them. There is no question of Krishna in this. The Father has explained that there are no divine activities of Krishna. These are only of Shiv Baba. There cannot be any divine activities even of Brahma, Vishnu or Shankar. The divine activities are only of the One who changes human beings into deities. He makes the world into *heaven*. You are following the elevated directions of that Father. You are the Father's helpers. If it weren't for the Father you would not be able to do anything. You are now becoming *worth a pound* from being *not worth a penny*. You have now come to know everything numberwise, according to the effort you make. So, first of all is the Father's introduction. Krishna was a small child. In the golden age, there was his unlimited sovereignty. There was no one else in his kingdom. It is now the iron age and there are so many religions. It is in no one else's intellect when this one original eternal deity religion was established. This is in the intellect of you children also numberwise according to your efforts. So, first of all, you should explain the Father's praise very clearly. We know that we have definitely received this recognition from the Father. The Father says: I am also the Bestower of Salvation for All. I advise you children every cycle: Consider yourself to be a soul and remember Me and you souls will become pure from impure. May you be soul conscious! By considering others to be souls, you will not have a *criminal eye*. It is the soul that performs actions through the body: I am a soul, this one is a soul. You have to make this firm. You know that in the beginning you were 100% pure and then you became impure. It is the soul that calls out: Oh Baba, come! The awareness of the soul has to be firm and you should forget all other relations. I, the soul, am a resident of the *sweet home*. I have come here to play a *part*. Only you children understand this. Amongst you too, it is numberwise as to who remembers Him. God is teaching you and so there should be so much happiness. God is our Father, *Teacher* and also our Satguru. You say that you don't remember anyone except Him. The Father says: Break away from your body and your bodily relations and constantly remember Me alone. All of you are brothers. Some believe this whereas others don't. So consider them to be atheists. We are Shiv Baba's children and so we should be pure. You call out to the Father: Baba, come and make us into the masters of the pure world. In the golden age, there is no question of becoming pure. First of all, understand that this One is Shiv Baba and that the new world is being established through Him. If people ask when destruction is to take place, tell them: First of all understand Alpha. If you don't understand Alpha, how would the things after that enter your intellect? We children of the true Father are speaking the truth. We are not the children of human beings. We are Shiv Baba's children. God speaks. God is the One who is the Father of all *brothers*. Human beings cannot call themselves God. God is Incorporeal. He is the Father, *Teacher* and Satguru. No human being can be the

Father, Teacher and Satguru. No human being can grant salvation to anyone. Human beings cannot be God. Baba is the Purifier. It is Ravan who makes you impure. All the rest of them are the gurus of the path of devotion. You understand that those who come here become theists. They come to the unlimited Father and have the faith that this One is our Father, Teacher and Guru. When you have developed all the divine virtues *completely*, the war will begin. According to the time, you yourselves will understand that you are reaching the karmateet stage. You have not yet reached your karmateet stage. Now, there is a lot of work to do. You have to give the message to many. Everyone has the right to claim an inheritance from the Father. The war will begin very forcefully. Then this *hospital* and *doctors* etc. will not remain at all. The Father is personally explaining to you children: You souls are playing your *part* of 84 births through the body. Some will take 70 or 80 births. Everyone has to go back. Destruction has to take place. Souls cannot return home impure. You definitely have to remember the Father in order to become pure. This requires effort. You have to become residents of heaven for 21 births. This is not a small thing. People say that So-and-so has become a resident of heaven. Oh, really? But where is heaven? They don't understand anything at all. You children should remain very happy: God is teaching us and making us into the masters of the world. One is permanent happiness and the other is temporary happiness. If you don't study or teach others, how can there be happiness? You have to chase away the devilish traits. The Father explains so much. There is so much suffering of karma. For as long as there is the suffering of karma, it indicates that you haven't yet reached your karmateet stage. You now have to make effort. No storms of Maya should come. You children have the faith that the Father has changed you from human beings into deities many times. Even if this much enters your intellect, it is great fortune. This is an unlimited *school*. Those other schools are small limited schools. The Father feels a lot of mercy: How can I explain to them? The evil spirits haven't yet been removed from some. Instead of climbing onto the heart-throne they fall. Many daughters are becoming ready to bring benefit to many. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

**Essence for dharna:**

1. Don't do anything against Godly disciplines. If there is an evil spirit in someone, or if he has bad vision, move away from that person. Don't talk to that person too much.
2. In order to experience permanent happiness pay full attention to the study. Remove devilish traits, imbibe divine virtues and become theists.

**Blessing:** May you be a *master* ocean of love and with the sustenance of pure love, tie everyone with the thread of love.

When the meeting of the Ocean of Love and the love-filled rivers takes place, the rivers become like the Father, *master* oceans of love. This is why souls of the world automatically come close with the experience of love. Like a magnet, pure love and sustenance from the divine family automatically brings souls close. This Godly love makes everyone co-operative and ties them in the thread to move forward.

**Slogan:** Accumulate the treasures of thoughts, words, time, virtues and powers and you will continue to receive co-operation from them.

\* \* \* OM SHANTI \* \* \*

**Essence:** Sweet children, *practise* being soul conscious and vicious thoughts will fly away. You will be able to have remembrance of the Father and the soul will become satopradhan.

**Question:** Which path do people in the world not know about at all?

**Answer:** No one knows the path to find the Father or how to attain liberation-in-life. They simply continue to say, "Peace, peace!" They continue to hold *conferences*. They don't know when or how there was peace in the world. You can ask them: Have you ever experienced peace in the world? How can there be peace? Peace in the world is being established by the Father. Come and understand this.

Om shanti. The spiritual Father sits here and explains to you spiritual children. First of all make firm the vision that you are souls. We see one another as brothers. Similarly, the Father says: I see you children, you souls. It is the soul that listens and speaks through the physical organs of the body. The throne of the soul is the forehead. The Father looks at you souls. This brother is looking at his brothers. You too have to see your brothers. First of all this vision has to be made firm. Then *criminal* thoughts will end and this habit will be instilled. It is the soul that listens and the soul that makes movement. When this vision becomes firm, all other thoughts will fly away. This is the *number one subject*. Divine virtues will also be *automatically* imbibed through this. It is only when you become body conscious that your physical organs cause mischief. Make a lot of effort to become soul conscious and you will develop strength. Only through the power of the Almighty Authority Father does the soul become satopradhan. The Father is satopradhan anyway. So it is only when this vision is first of all firm that it can be understood that you are soul conscious. There is the difference of day and night between being soul conscious and being body conscious. We souls now have to return home. Only by becoming soul conscious will we become pure and satopradhan. By *practising* this, vicious thoughts will end. People speak of the stars of the earth. We souls are truly stars and we have received our bodies to perform actions. We have now become tamopradhan and we have to become satopradhan once again. The Father has to come at the most auspicious confluence age. It would never be said that He enters the body of Christ. He (Christ) comes in the rajopradhan period. It is not possible that God would enter the body of Christ or Buddha. He only comes once and He comes in the old world to establish the new world. To change the tamopradhan world and make it satopradhan He would definitely come at the confluence age. He cannot come at any other time. He has to come and establish the new world. He is called *Heavenly God, the Father*. According to the drama, there is the name of 'confluence age'. Krishna cannot be called the Father or the Purifier. His praise is totally separate. Baba continues to explain to you: First of all, explain the *aim* and *objective* to anyone. When it was the kingdom of Lakshmi and Narayan, there was one religion and one kingdom. There was the original eternal deity religion. There was the one undivided religion. It is the task of the Father alone to establish *heaven*. It is also *clear* how He does that. It is only at the confluence age that the Father comes and explains: Renounce all the bodily religions and consider yourself to be a soul. Give the full explanation of the picture of Lakshmi and Narayan. There is also the image of Shiv Baba. A very good picture has been made showing His praise. This is the true story of becoming Narayan from an ordinary man. It is not called the story of Radhe and Krishna. It is called the story of the true Narayan. He makes you into Narayan from an ordinary man. At first, he would have been a small child. A small child cannot be called a man. It is said: "Man Narayan and Woman Lakshmi". You children just have to explain this picture. Sannyasis cannot establish the original eternal deity religion. Shankaracharya comes in the rajopradhan period. He cannot teach Raja Yoga. The Father comes at the confluence age. He says: I enter this one at the end of the last of his many births. There is also the Trimurti at the top. Brahma is sitting in yoga. The question of Shankar is totally separate. One cannot ride a bull. The Father has to come here to explain. Destruction also takes place here. People say that there should be peace in the world. It is when it is to happen that this sits in their intellect. You can explain very well using the pictures. You have to explain to those who worship Shiva and the deities. They will instantly accept this. However, this will not sit in the intellect of those who believe in *nature* or *science*. This will also not sit in the intellect of those who belong to other religions. Those who have been *converted* will emerge again. You should not worry about them. Those of the deity religion and

those who do a lot of devotion are very firm in their own religion. Therefore, explain to the worshippers of the deities. Eminent people will never come here. For instance, there is Birla who has built so many temples. He doesn't even have time to listen to knowledge. Throughout the day, his intellect is caught up in business. He receives a lot of money and so he thinks that he is receiving that wealth because of building the temples, and that it is a blessing from the deities. When people come to you, show them the picture of Lakshmi and Narayan. Tell them: You want there to be peace in the world. There was the kingdom of peace in the world in this world (of Lakshmi and Narayan). From this time to this time there was a lot of peace in the sun-dynasty kingdom. Then it decreased by two degrees. Everything depends on this picture. You now want there to be peace in the world. Where will you go? You don't know the home at all. We souls are embodiments of peace. We reside in the incorporeal world; that is the land of peace. That doesn't exist in this world. That is called the incorporeal world, whereas this is called the world (where people exist). There will be peace in the world in the new world. The masters of the world are those sitting here. The poor will understand these things very well. Some say: This path is very good. We were looking for the path. What would they look for if they don't know the path? There isn't anyone who knows the path to find the Father or how to attain liberation-in-life. They continue to say, "peace, peace", but no one knows when or how there was peace. They continue to hold so many *conferences*. You should ask them: Have you ever experienced peace in the world? Or, how is there peace in the world? Why do you people become confused? You continue to hold *conferences*, but you don't receive an answer from anywhere. Peace in the world is being established now by the Father. You say that 3000 years before Christ there was heaven and there was peace then. If there were peacelessness there too, then where would you find peace? You have to understand this very well. At this time, they don't give you too much time to speak, because their time for listening to you has not yet come. They also need to have the fortune to be able to hear. Only you multimillion times fortunate children claim a right to listen to the Father. No one apart from the Father can tell you anything. The Father gives knowledge only to you children. This is the kingdom of Ravan, and so how can there be peace here? In the kingdom of Ravan, all are impure. They call out: Oh Purifier, come and purify us! The pure world was that of Lakshmi and Narayan. There is so much difference between the kingdom of Rama and the kingdom of Ravan. There are the sun dynasty and moon dynasty and then there is the Ravan dynasty. At this time, it is the iron age, the community of Ravan. Even eminent people continue to growl at one another. They have a lot of arrogance: I am So-and-so. So it is very easy to explain using the picture of Lakshmi and Narayan. Tell them: Only at the time of their kingdom was there peace in the world. There were no other religions then. Peace in the world can only exist here. So, this is the main picture. When you explain using many pictures, people's thoughts go in other directions. They even forget the things they had understood. This is why it is said: *Too many cooks spoil the broth*. When there are many pictures and you have funny *models* or *dialogues*, their intellect forgets the main thing. Only a few rare ones are able to understand that the Father is carrying out the establishment. The 84 births are of this one. This is portrayed for only one. How could all of you be shown? In the scriptures too, only the name of one Arjuna is mentioned. In a *school*, a *master* would not teach just one person. This too is a *school*. In the Gita, they have not shown the form of a *school*. How could Krishna, a small child, speak the Gita? That is the path of devotion. Even these *badges* of yours can do a lot of work. They are the best of all. First of all, you should bring them in front of the picture of Shiv Baba, and then in front of the picture of Lakshmi and Narayan. Tell them: You ask for peace, but that is only established by the Father every cycle. You now know this cycle. Previously, you too had a degraded intellect. The Father is now making you those with a *clean* intellect. You should write: No one apart from the Supreme Father, the Supreme Soul, can grant salvation to anyone. They cannot bring about peace in the world. Only the Father does everything. It is Him that everyone remembers. These are the two main pictures. You should not move away from them until they understand this fully. If they don't understand this, they won't understand anything. In that case *time* has been *wasted*. If you see that it is not sitting in their intellect, you should leave it. People who can explain very well are needed. If they are mothers, that is very good, because people don't get upset with them. Everyone knows who is clever in explaining. There are Mohini,

Manohar, Gita... There are very good children. So, first of all make it very firm with the picture of Lakshmi and Narayan. Tell them: Understand these things very well, for only then will you be able to go to the world of peace. You will then receive both liberation and liberation-in-life. Everyone will go into liberation and then come down numberwise to play their part. You have to explain with that pomp. This is the number one picture. They were the masters of the world of peace. These things would sit in the intellect of those who are sensible. Although they say that this is good and they fall at your feet, they don't know the Father. Maya doesn't leave them alone. The Father makes you so elevated, and so you should remember Him so much. This is why the Father says: Remember Me and your sins will be cut away. You will also become satopradhan. By coming here, you have goose pimples of happiness: This is what I am becoming. I come inside here and I see Lakshmi and Narayan. I become very happy. Oho! Baba is making me this. Wah, Baba! Wah! In a family, if someone's father has a high position, then the children are very happy that their father is an adviser. You should have so much happiness that the Father is making you that. However, Maya makes you forget. She opposes you a great deal. You children should remain very happy. Divine virtues also have to be imbibed. May you be soul conscious! See one another as brothers. Then you will also see your wife in the form of a soul. Then there won't be a *criminal eye*. There are storms in the mind when you don't see others with the vision of brotherhood. This requires a lot of effort. Very good *practice* is required. You have to become soul conscious. The karmateet stage will be reached at the end. Only the children who do *service* can be seated on the Father's heart throne. Even those who come later can *gallop* ahead. They can go fast. You children have heard the *history* of the beginning and how they all renounced their home and family. They ran away during the night. Then Baba had to sustain so many children. This is called a bhatthi (furnace). Then souls came out of the bhatthi numberwise. It is a *wonder* that Baba is making you into the masters of *wonderful* heaven. *God*, the *Father*, is teaching you. He is so ordinary. He explains to you children so much every day and He also says namaste (salutations) to you children. Children, you become even more elevated than I. You are the ones who become the *double-crowned* masters of the world from being poverty-stricken. So, the Father comes with so much enthusiasm. He must have come countless times. Today, you are claiming the kingdom from Me, Rama, and then you will lose the kingdom to Ravan. This is a play. Achcha.

To the sweetest *lucky* stars, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

**Essence for dharna:**

1. In order to make the soul satopradhan, take power from the one Almighty Authority Father. Make effort to become soul conscious. Constantly continue to *practise*: We souls are brothers.
2. Explain to everyone in detail the pictures of the Father and the aim (Lakshmi and Narayan). Don't *waste time* in other things.

**Blessing:** May you become an elevated server and a bestower by becoming full of knowledge and having positive thoughts for all souls.

The main basis for becoming one with positive thoughts for others is to have positive thinking. Those who have wasteful thinking or thoughts of others cannot become those who have positive thoughts for others. The jewels who have positive thoughts for others are always full of the powerful treasures. It is only because they are full that they are able to have positive thoughts for others. To have positive thoughts for others means to be full of all the points of knowledge. Only those who are bestowers full of knowledge become elevated servers of everyone whilst walking and moving around.

**Slogan:** In order to be one who has a right to the kingdom of the world, become an instrument for the task of world transformation.

\* \* \* OM SHANTI \* \* \*

**Essence:** Sweet children, always remember that you are Brahmins, the top-knots. You are becoming elevated and so remain cheerful. Learn to talk to yourself and you will experience limitless happiness.

**Question:** Who can come under the Father's refuge? Who does Baba give refuge to?

**Answer:** Only those who are complete destroyers of attachment and whose intellect's yoga is broken away from away from everywhere else can take refuge with the Father. There should be no attachment to friends and relatives in the intellect. It should remain in your intellect that "Mine is only one Baba and none other." Only such children can do *service*. The Father gives refuge only to such children.

Om shanti. This One is the spiritual Father, *Teacher* and Guru. You children have now understood this very clearly. The world does not know this. Although the sannyasis say about themselves "Shivoham" (I am Shiva), they do not say that they are the Father, *Teacher* and Guru! They simply say about themselves "Shivoham, tat-twam" (the same applies to you). If God were omnipresent then everyone would become the Father, *Teacher* and Guru. However, no one considers himself to be this. It is absolutely *wrong* for human beings to call themselves God, the Supreme Soul. Whatever the Father explains to the children is imbibed in the intellect. There are so many *subjects* in other studies. It is not that all the *subjects* remain in the intellect of the *students*. Here, whatever the Father teaches enters the children's intellect in a *second*. You relate the knowledge of the Creator and the beginning, the middle and the end of the creation. You become knowers of the three aspects of time and spinners of the discus of self-realization. In a physical study, all the *subjects* are totally different. You prove and explain to everyone that only the one Father is the Bestower of Salvation for all. All souls remember God. They say: *Oh God, the Father*. Therefore, you must surely receive an inheritance from the Father. People experience sorrow when they lose that inheritance. This is a play about happiness and sorrow. At this time all are impure and unhappy. You definitely experience happiness by becoming pure. It is the Father who establishes the world of happiness. You children have to keep it in your intellect that it is the Father who is explaining to you. Only the one Father is *knowledge-full*. The Father gives the knowledge of the beginning, the middle and the end of the world. All other religions that have been established come at their own time. These things are not in anyone else's intellect. The Father has kept this study very easy for you children. He simply explains to you in detail: Remember Me, your Father and you will become satopradhan from tamopradhan. Yoga is praised a great deal. The ancient yoga of Bharat has been remembered, but no one knows what benefits were received from yoga. This is the same yoga which Incorporeal God teaches that is mentioned in the Gita. All the other yogas are taught by human beings. For the deities, there is no question of yoga. It is human beings who teach hatha yoga etc. The deities neither study those nor do they teach others. There is no question of yoga in the divine world. Through yoga, everyone becomes pure. They would definitely become that here. The Father comes at the confluence age to make the world new. You are now being transferred from the old world to the new world. It is a *wonder* to explain this to someone. We Brahmins are the top-knots. The Brahmins, top-knots are between the iron age and the golden age. This is called the confluence age, in which you become elevated. If it remains in the intellect of you children that you are becoming the most elevated beings, you will remain constantly cheerful. The more *service* you do, the more cheerful you will remain. You have to earn an income and inspire others to earn. The more *service* you do at the exhibitions, the more happiness those who listen to you will receive. There will be benefit for you and for others too. Even at small *centres*, there should be 5 to 6 main pictures. It is easy to explain them. You should do service and more service the whole day. You should not have any attachment to your friends and relatives. Everything that you see with your eyes is going to be destroyed. However, whatever you see through divine vision is being established. Continue to talk to yourself in this way and you will become strong. You should experience the happiness of having met the Father. Someone born to a king has great pride. You children are becoming the masters of heaven. You are all making effort for yourselves. The Father simply says: By sitting on the pyre of lust you have become ugly. Now sit on the pyre of knowledge and you will become beautiful. These thoughts should continue to spin in your intellect. Even when you are sitting in your *office*, you should continue to have remembrance. It is not that you don't have time.

Whatever time you have, earn a spiritual income. It is such a great income. You receive both health and wealth simultaneously. There is a story of Arjuna and a Bhil (native). Whilst living at home with your family, you can go ahead faster in knowledge and yoga than the ones who live here. Everything depends on remembrance. If all of you were to sit here, how would *service* be done? Become *refreshed* and then engage yourself in *service*. You should have thoughts of *service*. Baba cannot go to the exhibitions because both Bap and Dada are together. Baba's soul and this one's soul are together. This is a *wonderful* couple. No one except you children can know this couple. Baba considers himself to be a couple and he also says that I am the only lost-long and now-found son of Baba. He experiences great happiness on seeing this picture of Lakshmi and Narayan. This is my next birth. I will definitely sit on the throne. You too are studying Raja Yoga. The aim and *objective* is in front of you. This one has the happiness of being the long-lost and now-found son of Baba. Even then he is not able to maintain constant happiness. His thoughts wander in different directions. It is not a *law* of the *drama* that remembrance remains constant and that no other thoughts come. Storms of Maya do not allow you to have remembrance. I know that it is very easy for me because Baba has entered me. I am the *number-one*, long-lost and now-found child of Baba. I will become the first *number* prince. Nevertheless I forget to have remembrance. Many types of thought come. This is Maya. It is only when this Baba has this experience that he can explain to you children. These thoughts will stop when you reach your karmateet stage. This body will not remain when the soul becomes complete. Shiv Baba is always *pure*. It is His *part* to come into the impure world and an impure body in order to make it pure. He is also bound by the *drama*. When you become pure you will need a new body. Shiv Baba does not have His own body. It is this soul (Brahma Baba) in this body who has importance. What does that One have? He speaks the murli and departs; He is *free*. Sometimes, He goes here and sometimes He goes somewhere else. You children also *feel* that it is Shiv Baba who speaks the murli. You children understand that you are present on this *Godly service* in order to help the Father. The Father says: I have come having left My *sweet home*. The supreme region means the incorporeal world that is in the land beyond. However, the whole play continues on this earth. You understand that this is a *wonderful* play. However, there is just one world. Those people try to go to the moon. That is the power of *science*. When we attain victory over *science* with the power of *silence*, then *science* will also give happiness. Here *science* gives happiness as well as sorrow. There, there is nothing but happiness. There is no trace of sorrow. These things should remain in your intellect the whole day. Baba has so many thoughts. Those in bondage are beaten so much for poison. Some, however, become trapped due to attachment. Those with faith in the intellect will quickly say: We want to drink nectar. For this you need to become destroyers of attachment. Your heart should be removed from the old world. Only such *serviceable* ones can climb onto the heart-throne. They can be given asylum. A kumari takes refuge with her husband, but she is not kept without poison. Then she has to take refuge with the Father. However, you need to become complete destroyers of attachment. We have met the Husband of all husbands and so we now become engaged to Him with our intellect's yoga. "Mine is only One and none other." Just as a kumari forges love with her husband, so this is love of the soul for the Supreme Soul. You receive sorrow from that one, whereas you receive happiness from this One. This is the confluence age; no one knows about it. You should have so much happiness. We have met the Boatman, the Gardener who takes us to the garden of flowers. At this time all human beings have become like thorns. The biggest thorn is lust. At first you were viceless flowers. Then your degrees gradually declined and you have now become big thorns. Baba is also called Babulnath (Lord of Thorns). You know that the original name is Shiva. He is called Babulnath because He changes thorns into flowers. Many names are given to Him on the path of devotion. In fact, there is only one name – Shiva. Whether you say: The sacrificial fire of the knowledge of Rudra or the sacrificial fire of the knowledge of Shiva, it is the same thing. The flames of destruction were ignited from the sacrificial fire of the knowledge of Rudra, and the land of Krishna, that is, the original eternal deity religion, was established. Through this sacrificial fire, you become deities from human beings. They create such *wonderful* pictures. They show Brahma emerging from the navel of Vishnu. You know all these things. You know that it is Brahma and Saraswati who become Lakshmi and Narayan. You have this faith. Lakshmi and Narayan become Brahma and Saraswati after taking 84 births. People are amazed when they hear these things. They must be

experiencing happiness too. However, Maya is no less. Lust is the greatest enemy. Maya traps you in name and form and makes you fall. She does not allow you to remember the Father. Then that happiness is reduced. You should not become happy that you have explained to many others. You should first see to what extent you remember Baba: Do I remember Baba at night before going to sleep or do I forget? Some children are very firm in their discipline. You children are very *lucky*. There is a huge burden on the father's head. However, the chariot receives a concession. He has knowledge and yoga. Without these, how could he attain the status of Lakshmi and Narayan? Baba has the happiness of being the only child of the Father and having many children. He has this intoxication, but Maya creates obstacles too. You children too must be experiencing obstacles from Maya. The karmateet stage will come as you go further. This Bap and Dada are both together. He says: Sweetest children, the Father is the Ocean of Love, .... This one's soul is together with that One. This one also has love. He understands that whatever actions others see him perform they will do the same. You have to remain very sweet. You children need to be very sensible. Just look how sensible this Lakshmi and Narayan are. They received the kingdom of the world through being sensible. Many subjects are created through exhibitions. Bharat is so big and so you have to do that much service. Secondly, you have to stay in remembrance and have your sins absolved. The greatest concern is how we can become satopradhan from tamopradhan. There is effort in this. There are many *chances* for doing *service*. You can do *service* on the *train* with the *badge*. This is Baba and this is the inheritance. Bharat was definitely heaven 5000 years ago. It was the kingdom of Lakshmi and Narayan. Their kingdom definitely has to come again. We are becoming the masters of the pure world through having remembrance of Baba. A lot *service* can be done on the *train*. You should do *service* in one carriage and then go onto the next one. Those who do such *service* climb onto the heart-throne. Tell them: We want to tell you some good news. You were worthy of worship deities and then after taking 84 births, you became worshippers. Now become worthy of worship again. The picture of the ladder is very good. With that, you can prove the *stages* of sato, rajo and tamo. In *schools*, at the end (near their examination), students have the interest to *gallop* ahead. Here too, it is explained that those who have *wasted time* should *gallop* and become engaged in *service*. There is a lot of *margin* for doing *service*. Many *serviceable* daughters who Baba can send somewhere should emerge. Very good *service* can take place in the temples. Those of the deity religion will understand instantly. You can also explain where people go to bathe in the Ganges. Their heart will definitely accept it. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. In order to remain constantly cheerful do spiritual service. Earn a true income and inspire others to earn one. Bring benefit to yourself as well as others. Do *service* on the *train* with your *badge*.
2. Remove your heart from the old world. Become destroyers of attachment. Have true love for the one Father.

**Blessing:** May you be a great donor and give a drop of happiness, peace and love to all souls through your constant and stable *mood*.

The *mood* of happiness of you children should always remain constant and stable. It shouldn't be that sometimes you have an off-*mood* and sometimes you are very happy. The *mood* of those who are constantly great donors never changes. Those who are to become deities are those who are bestowers. No matter what someone gives to you, you are great bestower children who always give drops of happiness, peace and love to everyone. Together with serving through the body, remain busy in serving through the mind in such a way that you accumulate through performing double charity.

**Slogan:** Your specialities are a holy offering (Prabhu Prasad) from God. Don't just use these for yourself, but distribute them and increase them.      \* \* \* O M S H A N T I \* \* \*

### In Brahmin life love for the Father and service is the donation of life.

Today, BapDada was seeing the love of effort of all of you children. Each one of you children is continuing to move forward on the basis of your own courage and enthusiasm. Everyone has courage, everyone also has enthusiasm. Each and every one of you also has the one elevated thought: I definitely have to become a close jewel, a jewel of the eyes, I have to become seated on the heart-throne and loved by the Comforter of Hearts. All of you also have the aim of becoming complete. The sound from the heart of all the children is the same: In return for love, we have to become equal and complete. And, according to this aim, you are all successful in moving forward. If any of you are asked what you want the enthusiastic sound from all of you is: I definitely have to become complete and perfect. BapDada is pleased on seeing everyone's elevated zeal and enthusiasm and their elevated aim. He gives all of you children thanks for having one enthusiasm and following one direction, of how you are moving along or flying with the one Father, with one direction and one aim to the one home and the one kingdom. One Father and so many worthy and yogi children! Each one of you is moving forward with more speciality than the next. Through the whole cycle, there will never be such a Father or such children who are never anything lacking in their zeal and enthusiasm, such children who are filled with specialities and lost in the love of One. This is not possible at any other time. This is why BapDada is proud of such children and the children are also proud of such a Father. Wherever you look, all have the one special sound in their heart: Baba and service. To the extent that you love the Father, so you also love service just as much. In Brahmin life, love for both is the donation of life. The basis of being constantly busy in this makes you a conqueror of Maya.

All the children's *plans* of zeal and enthusiasm for service reach BapDada from everywhere. All the *plans* are the best of all. According to the drama, the method with which you have been expanding so far from the beginning would be said to be the best of all. Many years of service, of Brahmins becoming victorious jewels and of success, have now passed. You have now reached the *Golden Jubilee*. Why are you celebrating the *Golden Jubilee*? Are you celebrating according to the systems of the world? Or, according to the time, are you celebrating it with enthusiasm to give the message to the world at a fast speed? Everywhere, you are creating facilities to awaken the sleeping souls with a loud sound. Wherever they listen, wherever they look, they should hear this one sound echoing everywhere: According to the time, we are now receiving the beautiful message of the good news of the *golden age*, of the beautiful age that is to come. Through this *Golden Jubilee*, you are making preparations to give the special notice or message of the *golden age* that is to come. Everywhere, such a wave should spread that the golden age is now about to come. Everywhere, the scene visible should be just as the morning sun rises after the darkness. The rising of the sun spreads the good news of light everywhere. You forget the darkness and come into the light. Hearing news of sorrow and peacelessness all the time, souls of the world have become very much afraid of destruction and have become disheartened and hopeless. Through this *Golden Jubilee*, give souls of the world the experience of the sun of pure hopes rising. Just as there is the wave of destruction, in the same way, spread everywhere the wave of the good news of the establishment of the golden-aged world. Let the star of this hope sparkle in everyone's heart. Instead of asking, "What will happen? What will happen?", they should understand, "This is what will happen". Spread such a wave. The *golden jubilee* is the means of giving the good news of the *golden age* coming. You children constantly and naturally have the awareness of the golden age even though you see the land of sorrow. The awareness of the land of happiness makes you forget the land of sorrow. You remain lost in making preparations for going to the land of happiness and the land of peace. You have to go home and come into the land of happiness. The awareness of going and coming is making you powerful and also making you an instrument for service in happiness. People have now heard a lot of sorrowful news. Now, with this good news, make preparations to go happily from the land of sorrow to the land of happiness. Let this wave also spread in others that they too have to go. Give hope to those who have no hope. Give good news to disheartened souls. Make such a plan that, in the special newsletters, or whatever means there are for spreading the sound, the one message

of good news should reach everyone at the same time. Wherever anyone comes from, everyone should come to know of this one thing. With such news, let there be the same sound everywhere. You also have to bring about newness. You have to reveal your *knowledge-full* form. At present, people think that you are peaceful souls, that you are the ones who will show them the easy path for peace. This form has been revealed and is being revealed. However, there should now be the sound: This is the *knowledge* of the *Knowledge-full* Father. For instance, they now say that this is the place for peace. Now the sound should emerge from everyone's lips: If there is any true knowledge, it is this. Just as they experience the powers of peace and love, in the same way, truth should be revealed. Then everything else will automatically be revealed. There won't be any need to say anything. So how will you now reveal the power of truth? What method should you adopt so that you don't have to say anything, so that they themselves say: This proves that if there is true knowledge, if there is God's knowledge, if there is powerful knowledge, this is it! Baba will tell you the method for this at some other time. All of you must also think about this. Then Baba will tell you about it next time. The field of love and peace has been created. The seed of knowledge now has to be sown, for only then will they claim a right to the inheritance of heaven as the fruit of knowledge.

BapDada continues to hear and see everything about the heart-to-heart conversations you have. You sit with love and you think too. You use your head very well. You are at least churning to eat the butter. You are now churning for the *Golden Jubilee*. Only nourishing butter will emerge. There is a good wave in everyone's heart, and these waves of enthusiasm in the heart make the atmosphere powerful. As the atmosphere is created, so the attraction for coming close increases in souls. The wave of "We should now go and see" is continuing to spread. At first, they used to think: I don't know what it is that they have. Now they are saying: It is good, we should go and look there. Then, eventually, they will say: This is it!. Now the zeal and enthusiasm in your heart is creating enthusiasm in them. Now your heart is dancing whereas their feet have only just begun to walk. Here, when someone is dancing very well, the feet of even those sitting at a distance begin to tap away. The atmosphere of such zeal and enthusiasm is beginning to make the feet of many dance. Achcha.

To those who constantly experience themselves to be souls who have a right to the *golden* world, to those who have constant zeal and enthusiasm to create their *golden-aged* stage, to those who always become merciful and remain lost in the love for showing all souls the path to the *golden age*, to those who constantly put every *golden version* of the Father into their practical life, to such souls seated on BapDada's heart-throne, to the victorious jewels who are always merged in love, BapDada's love, remembrance and namaste.

#### **Avyakt BapDada meeting brothers and sisters from Australia:**

This whole group is of souls who are close, is it not? BapDada always sees souls as those who are close jewels. To remain close means as the Father, so the children. Do you have this experience? You are those who *follow the Father* at every step. BapDada always places the residents of Australia at the front because, to the extent of your attainment, so your zeal and enthusiasm to give that to others has been good. There is very good enthusiasm for service. To have love for service proves that you also have love for the Father. Shaktis as well as Pandavas have very good enthusiasm for service. Pandavas are obedient and Shaktis are those who will perform wonders. It is time for the Shaktis to move ahead because for half the cycle, people of the world have kept women lower down and this is why the Father is giving you a *chance* at the confluence age. So what will the Shaktis do now? BapDada is remembering the beginning period of service. The group of Shaktis was a very *lovely* group. Even now, become those who take a *chance* at the front. The Pandavas are automatically with you because no task can be carried out without either of the two. Achcha.

**Blessing:** May you be completely pure and maintain your spiritual *royalty* through the lesson of being faithful to One in Brahmin life.

Make the lesson of being faithful to One in this Brahmin life firm and adopt the *royalty* of *purity* so that this spiritual *royalty* will continue throughout the year. The sparkle of your spiritual *royalty* and *purity* in the supreme abode is the most elevated of all souls. In the beginning, in the form of deities, there has been this special *personality*. Then, in the middle period, there is disciplined worship of your images. At the confluence age the basis of Brahmin life is the *royalty* of *purity*. This is why, whilst you are living a Brahmin life, you definitely have to remain completely pure.

**Slogan:** Become such gods and goddesses of tolerance that even those who have been insulting you will embrace you.

\* \* \* O M S H A N T I \* \* \*